

Sweet children, remain beyond sound and, in every breath you take, remember your most beloved Baba and the land of happiness.

Om shanti. Your spiritual Father first of all gives love and remembrance to you spiritual children. In the early morning, the first thing you say is: "Good morning". Children, who says "Good morning" to you first thing in the morning? The unlimited Father. So, children, you too should say this very loudly, and with a lot of enthusiasm: "Baba, good morning. Wah, Baba, wah!" At last the day has come.... We are now personally saying "Good morning" to the One for whom the whole world is searching. Wake up early in the morning and first of all say: "Good morning" to Baba, and you will be very happy. The early morning time is very good. Therefore, you should go to bed early at night and get up early in the morning and talk to yourself. As soon as you wake up, say: "Shiv Baba, good morning". Your intellect should not wander anywhere else.

Baba explains that this final birth of yours is very *valuable*. It is so valuable that no value can be placed on it. Just as you cannot place a value as the imperishable jewels of knowledge because they are so *invaluable*, in the same way, this *time* is also very *valuable*. Children, you know that you are now changing from shells into diamonds; from *beggars* into *princes*. This human body is very *valuable* because it is at this time that you have become Baba's children. At this time, you children must not waste a single breath you take. Baba explains to you how you have to use every breath you take in a worthwhile way. Remember the Father in every breath. Our original religion of the self is to remain beyond sound. We are now playing our parts through our present bodies. Souls originally reside in the land of peace. Baba is relating such sweet points. He says: "Sweet, beloved children, remember Me, your most beloved Baba, and the land of happiness".

You know that that Father has come, and that He is teaching us in order to send us to the land of happiness. Each of you has your *aim* and *objective* in your intellect. It is here and at this time that you have to imbibe the manners of purity. Children, you know that Baba is the Ocean of Knowledge. He is so fragrant! Beautiful flowers would definitely have a beautiful fragrance and would always please others. They would also make others into flowers similar to themselves. Those who make many thorns into flowers are truly fragrant flowers. They would never prick anyone. Anger in particular is a huge thorn. It makes many souls unhappy. Children, you have now come to the edge of the world of thorns. You are now at the confluence age. Just as a gardener would separate flowers into different pots, in the same way, you flowers have now been separated into the pot of the confluence age. The iron-aged thorns are to be burnt, and you flowers will then go to heaven.

Children, you understand that no one else in the world has the fortune of happiness that you have. At this time we belong *directly* to the Father, and are receiving our inheritance of salvation from Him. Poor children would quickly recognise the Father and surrender themselves to Him. Baba is the Lord of the Poor. The children who are poor here will become wealthy there. Children, you should never worry about being uneducated. Here, you simply have to remember the Father. Your intellect should remember that this entire world is going to turn into a graveyard. The business etc. that we are doing now is only for a short time. When wealthy people open dharamshalas, they don't do that as business. They build dharamshalas at pilgrimage places. Your centres are very great pilgrimage places, where pilgrims can receive peace and happiness. This study is your source of income. The income you earn through this is so great! This Madhuban is the greatest pilgrimage place for you children. No other pilgrimage place can be as great as this one. People attain nothing by going to those pilgrimage places. Here, the Father gives you the treasures of the imperishable jewels of knowledge.

• Words that Baba has spoken in English are shown in italics.

You are the true spiritual social workers. You have to remain very humble whilst doing spiritual service, and then claim your inheritance from the Father. So, you have to serve a great deal through your thoughts, words and deeds. You have to use your final birth in a worthwhile way by doing this spiritual service. If you engage yourself in mundane matters, then when would you do this service? Whilst saying: "Tomorrow! Tomorrow!" you may even shed your body. If you don't do Baba's service, how would you claim your inheritance? Children, you have to do a great deal of service. You have to benefit the whole world. Your Brahmmin tree will gradually grow a great deal. Exhibitions will continue to increase everywhere, because Baba's message definitely has to reach everyone. Baba is the Benefactor for all.

Children, Baba has so much love for you. Baba is very pleased to see you. So, children, you should remain just as happy. Whilst remembering Baba, you should be bubbling with happiness inside. Promise yourself that you will never perform any sinful act that would make your conscience bite you. You have to reform yourself as much as you can. If you have any defects within you, you should tell Baba about them with an honest heart. Baba is the eternal Surgeon. By telling Him about your illness it will be removed. Many people have weaknesses: some have anger; others have greed or they think about wasteful things. Such souls cannot imbibe knowledge. Anger causes a lot of damage. An angry person burns his own heart and also those of others. The evil spirit of anger not only causes all truth to be destroyed, but also makes you forget to remember Shiv Baba. This is why Baba says: Sweet children, remove any evil spirit from within you. Children, you should pay full attention to every act you perform. You should never act sinfully. Continue to check yourself and see that you do not have any bad thoughts in your intellect, nor have any dirty vision due to the influence of Maya. Whilst sitting to experience yoga, if instead of remembering Baba your intellect is pulled by someone else, then you should understand that you are being attacked by Maya and that you are committing sin. There should be great cleanliness in this aspect, and the words that emerge through your lips should always be pure. You must never use any bad language. You must never even joke around. You should not say that you were just teasing someone. This too can be very damaging. You should not make jokes that have any odour of vice in them; absolutely not! You have to remain very careful in this. This illness of the evil spirits is such that you become lost to both this spiritual world and the mundane world.

Children, Baba has told you: Make sure the chart you keep is honest. At the time you were remembering Baba, what did you talk to Baba about? How much did you praise Baba? For how long did you remember Baba whilst taking your meals? It is essential to make your stage very strong. You definitely have to break all your attachment. If you want to belong to Baba, you have to remain occupied in doing His service. You should check yourself to see whether your nature is divine. People are troubled very much by your nature. Each of you has received your third eye, and so you should check to see whether your remembrance reaches Baba. You should remove all defects and become a pure diamond. If even a slight defect remains, your value is reduced. This is why you have to make effort to make yourself into a valuable diamond. Children, Baba constantly tells you to remember Him alone. Your heart should be filled with His remembrance. You should be enthusiastic to stay in remembrance of Baba. Baba, you are completely changing us from what we were! You have to remember such a Father with great love. Everything is merged in this remembrance. Achcha.

Sweetest, beloved, serviceable, obedient and worthy children, BapDada gives you love and remembrance and says: "Good morning". Your spiritual Father says namaste to you spiritual children.

### Avyakt Versions

#### **The aim of Brahmin life is to maintain internal spiritual happiness.**

Today, BapDada is looking at His holy and happy children. The practical and visible indication of those who are holy; those who are pure, is the sparkle of happiness that is constantly visible on their face. Your aim in adopting a Brahmin life is to remain constantly happy. You became Brahmins in order to lead a life of happiness, did you not? Or did you become Brahmins in order to labour in your efforts, or to remain confused about something or another? You became Brahmins in order to experience the internal spiritual happiness and supersensuous joy that you cannot experience at any other time of the whole cycle. However, you must check that your happiness does not depend on any facilities, any limited attainment, short-lived success, being welcomed of having name and fame or any other desires in your mind. Check that your attainment of happiness does not depend on what your own mind prefers; for instance, that it isn't because you like something in particular, be it a person, place or material comfort. The attainment of happiness based on those things is not real, imperishable happiness, because as soon as your basis, your foundation, is shaken, your happiness is also shaken. You have not become Brahmins simply to attain that type of happiness. People of the world have happiness based on limited attainments. They even use the slogan: "Eat, drink and be merry!" However, as soon as that temporary basis ends, they lose that happiness. In the same way, if in your Brahmin life your happiness is based on those things, then what would be the difference? You have become the children of the Ocean of Happiness and therefore you are the ones who are moved along in every thought and at every second by the waves of happiness. You are a constant treasure-store of happiness. So, BapDada was seeing that some children become distant from their aim because of losing their aim of experiencing constant, internal happiness without any limited support, and instead becoming trapped in the alleys of limited attainments. You put aside the highway and become trapped in some alleyway. You put aside your aim of happiness and chase after some limited attainment. If your name is glorified; if you accomplish your task; if your desires are fulfilled, you become happy. When you attain something you mind wanted, you would become happy. However, if even a small thing is missing from this, you put your aim aside; your aim becomes limited, and you step away from unlimited and imperishable happiness. So, children, BapDada asks you: Is this why you have become a Brahmin? Is this why you have adopted this spiritual life? But that is just an ordinary life! It cannot be called an elevated life.

No matter what you have to do, no matter how big your service task may be, if that service brings you down from your internal happiness, from your spiritual joy of unlimited attainment; if it brings you into limitations; if you experience happiness today and confusion tomorrow; if it deprives you of happiness, then stop doing that service, but don't relinquish your happiness. Real service makes you constantly experience an unlimited stage of unlimited happiness. If you don't experience this, then your service is mixed; it is not real service. Keep the aim of checking to see how much self-progress there has been; how much attainment, contentment and greatness you have experienced through serving. Where there is such great contentment, you can experience imperishable attainment. To serve means to experience a garden of flowers! It does not mean to become trapped in a forest of thorns. Any confusion or lack of attainment in the mind is a thorn. Step away from those thorns, and experience unlimited happiness. No matter what happens, even if you have to renounce some limited attainment, even if you have to renounce many things, then renounce them but don't relinquish your happiness. Ask yourself whether the happiness of some temporary attainment is making you step away from experiencing the permanent fortune of happiness. An indication of imperishable happiness is that you receive blessings of happiness from others. The blessings of love from BapDada and the senior instruments will give you the experience of being moved along internally by the waves of the ocean of real, unique spiritual happiness. Due to carelessness, do not think that you are fine

but it is just that others don't recognise you. Can the light of the sun remain hidden? The fragrance of truth can never die; it can never remain hidden. Therefore, never deceive yourself. Make this lesson firm: your unlimited and imperishable happiness should come first and then anything else after that. Unlimited happiness of service and the love of everyone else will automatically let you experience the fortune of imperishable regard from all others. You will experience having an elevated fortune. Those who are constantly happy have the fortune of happiness. Achcha. Om shanti.

**Blessing:** May you become a practical example like Brahma Baba by putting the qualifications of your aim into your life and co-operating with everyone.

Brahma Baba kept this aim: "The one who takes the initiative is Arjuna". He made himself an instrument sample and constantly put into practice the qualifications of his aim. By doing this, he became number one. Therefore, follow the father. By constantly remaining an embodiment of virtues and a sample in your practical life, you can co-operate with others by enabling them to easily imbibe virtues. This is known as donating virtues. To donate means to co-operate. Instead of just listening to something, every soul now wants to see the practical proof. So, first make yourself into an embodiment of virtues.

**Slogan:** Constantly wear your armour of yoga; then Maya your enemy will not be able to attack you.

\*\*\* OM SHANTI \*\*\*